

ESSENTIAL FACIALS

Essential Facials are vital for taking care of your complexion. Provides maintenance for everyday care.

Classic Hydrating Facial (60-min S\$139.10)

For those with minor skin concerns or are new to facials. Promotes a clear, well-hydrated complexion.

The Organic Facial (60-min S\$192.60)

Uses a complete range of organic plant-based products that are gentle and effective for your skin.

Essential Hydralift Facial (60-min S\$246.10)

Boost hydration with a collagen infusion using the Face Shaper which also lifts skin for a radiant, youthful appearance.

Essential Stem Cell Facial (60-min S\$246.10)

Uses powerful age reversing Apple Stem Cells ampoules derived from a rare Swiss Apple and five proven natural skin brighteners.

HA+ Power Dose Ultrasound Facial (60-min S\$246.10)

Uses double concentration of Hyaluronic Acid for deep hydration, Copper Tripeptide for increasing collagen and fibroblast, Vitamins ACE for antioxidant protection and Niacinamide to manage blemishes.

EYE TREATMENTS

Thalasso Eye Treatment (15-min S\$278.20)

Decongests, regenerates and moisturizes for younger and more relaxed eyes.

Oligopeptide Regen Eye Treatment (15-min S\$128.40)

Premium Oligopeptides and Ceramides repair and energize the fragile skin around the eyes. Vitamin A improves skin density.

24K Pure Gold Eye Treatment (15-min S\$96.30)

24K pure nano gold serum nourishes the eye area in seconds. Brightens the eye zone resulting in more energized radiant eyes.

Bian Stone Eye Treatment (15-min S\$96.30)

Guasha removes blockages, drains excess fluid and improves blood circulation around the eye area.

Hydrating Collagen Eye Treatment (15-min S\$96.30)

Hydrates and firms up the eye area with plant based collagen to reduce visible signs of stress and fatigue.

NECK TREATMENTS

24K Pure Gold Neck Treatment (15-min S\$64.20)

24K pure nano gold serum nourishes and brightens the neck area in seconds to achieve firmer and smoother appearance.

Hydrating Collagen Neck Treatment (15-min S\$64.20)

Using hydrating botanical collagen to replenish dehydrated skin to smooth and firm up the neck area.

CORRECTIVE FACIALS

Corrective Facials target specific issues to meet your skin needs. Uses intensive actives to bring about results.

Tri-Bright C Plus Facial (90-min S\$385.20)

Uses the potent antioxidants: Vit C + Ferulic Acid to improve skin brightness and fight environmental damage. Enzyme Infusion Exfoliant dramatically restores skin's radiance.

ACE Face Shaper Treatment (75-min S\$385.20)

Delivers antioxidants, hyaluronic acid and peptides deep into skin cells where it is retained. Tones underlying facial muscles for lifted complexion and uses LED for collagen stimulation and skin brightening.

24K Pure Gold Facial (90-min S\$385.20)

Uses pure gold's powerful anti-aging benefits to lift, brighten and calm complexion. Pure gold is massaged into skin to brighten and energize skin for the dewy, radiant complexion.

Face Meridian Restorative Treatment (90-min S\$385.20)

Using TCM wisdom to restore energy flow to slow aging and give an instant facelift. A buffalo horn is used to release stagnant energy along face meridians. Premium red ginseng and tang kwei balance energy.

Purifying Black Magnelight Facial (75-min S\$385.20)

Removes excess oil, unclogs pores and addresses blemishes and redness. The innovative black magnetic mask draws out impurities, while magnetic currents tightens skin over time.

Desensitize Treatment Facial (90-min S\$342.40)

Recommended for skin that is dry, flaky, sensitive or irritated. Gently removes unwanted dead skin and Cryotherapy infuses antioxidants that bring down inflammation and promote healthy skin barrier.

Filorga® Bright Peel Treatment (add on, S\$235.40)

This medical-grade chemical peel contains gluconolactone, glycolic acid, phytic acid, and citric acid, that specifically target wrinkles, dark spots and hyperpigmentation.

Sake Refreshing Facial (75-min S\$321, only CP)

Sake's powerful antioxidants, enzymes and organic acids moisturize and plump up your skin. Therapeutic LED lights and radiofrequency awakens skin cells for reproduction of collagen for visible skin lifting and rejuvenation.

Pearl Shinju Brightening Facial (90-min S\$321, only CP)

Premium pearl powder contains anti-aging proteins that signal the skin to create new cells and activate SOD, one of the strongest antioxidant enzymes. E-poration offers one of the deepest absorption of nutrients by skin cells. Electrical Muscle Stimulation tones facial muscles.

- Hydrate

- Hydrate
- Calm
- Prenatal

- Lift
- Hydrate

- Brighten
- Anti-aging

- Hydrate
- Anti-aging
- Refine

- Brighten
- Anti-aging

- Lift
- Anti-aging

- Hydrate
- Brighten

- Lift
- Anti-aging

- Purify
- Anti-acne

- Calm
- Hydrate

Best Clarifying Peel Treatment - Editors' & Reader Choice Her World Spa Awards 2017

- Anti-aging
- Lift
- Refine
- Rejuvenate

- Hydrate
- Brighten
- Lift
- Rejuvenate

INTENSIVE FACIALS

These facials use the power of technology combined with advanced techniques to treat multiple issues and give your skin a big boost.

Proionic Gravity Defy Facial (90-min S\$599.20)

Using Indiba to increase proionic action in skin cells. The patented 448kHz radiofrequency facilitates transfer of ions between cells for improved cell oxygenation and metabolism. Your skin elasticity and facial contours are metabolized in just one session.

LPG Mobilift Facial (90-min S\$599.20)

LPG micro-pulsations activates the production of collagen & elastin (+46%) for firmness and suppleness, and hyaluronic acid (+80%) for volume and hydration. This drains toxins, brightens the complexion and refines skin texture while smoothing out fine lines and wrinkles.

Cool IPL Facial (90-min S\$481.50, ION & 313)

Uses Intense Pulsed Light energy to penetrate down to the second layer of your skin (dermis) to rejuvenate your skin. Cools the skin rapidly so that it is comfortable to allow more light to reach target cells. Good for those suffering from acne, acne scars, enlarged pores and/or pigmentation skin.

Dynamic Pulsed Light (DPL) Facial (90-min S\$481.50, CP only)

A broad-spectrum light source that combines IPL and laser power source to reach into the skin's deeper layers to effectively reduce pigmentation, generating brighter, fairer skin. Rejuvenates and tightens saggy skin and reduces pores.

SPECTRA + IDPL Facial (90-min S\$481.50, 313 only)

Combines the benefits of IPL (Intense Pulsed Light), Radiofrequency and Super Diode Laser to deal with pigmentation and skin rejuvenation. Also recommended for acne, acne scars, enlarged pores or pigmentation.

Biocell Meso Science Treatment (75-min S\$727.60)

Promotes skin's natural re-birth for younger, clearer and firmer appearance. Bioactive microspheres and a Lotus Stem Cell ampoule are used to provoke growth of healthy young cells, collagen and hyaluronic acid - the building blocks of supple, radiant skin.

Oxy Infusion Pro (75-min S\$530.72, CP only)

Oxygeneo technology triggers the natural process of oxygenation from within your own skin. Gently exfoliates the skin surface and active ingredients are introduced to treat various skin conditions. The treatments result in smoother and revitalized skin, with immediate and long-term effects.

Filorga® Skin Booster-55 Treatment (75-min, \$834.60)

This full facial infuses the Filorga skin booster which uses the New Cellular Treatment Factor (NCTF) technology to directly replenish the skin with essential elements and nutrients. Contains 55 active nutrients and vitamins that are deposited under the skin with micro needling for intense and long lasting revitalization and hydration.

- Lift
- Anti-aging

- Lift
- Anti-aging

Best Skin Pumping Facial (LPG Facial) ELLE Beauty Treat 2016

- Lighten
- Anti-aging
- Lift
- Refine
- Purify
- Anti-acne

- Lighten
- Anti-aging
- Lift
- Refine
- Purify
- Anti-acne

- Lighten
- Anti-aging
- Lift
- Refining
- Purify
- Anti-acne

Best Stem Cell Facial The Singapore Women's Weekly Spa Awards 2019

- Anti-aging
- Lift
- Refine
- Rejuvenate

- Anti-aging
- Lift
- Refine
- Rejuvenate

- Anti-aging
- Lift
- Refine
- Rejuvenate
- Hydrate
- Lighten

Massage

Classic Body Massage (60-min S\$128.40)

Swedish/ Sports/ Deep Tissue Massage

Signature Tuina Massage (60-min S\$149.80)

Works on releasing tight tendons, ligaments and muscles to get the energy moving in the meridians and the muscles.

TCM Wuxing Massage (60-min S\$256.80)

Uses Systematic Passive Stretching sequence performed by a trained therapist. Also works on tendons and ligaments for improved energy.

TCM Qi Meridian Massage (60-min S\$385.20)

Improves "Qi" flow in the meridian system to balance your body. Works along energy channels with TCM herbal oils, Moxibustion/Guasha.

Manual Lymphatic Drainage Massage (60-min S\$181.90)

Moves lymph flow for detoxification.

Slimming Massage (60-min S\$181.90)

Special kneading to breakdown fats & improve contours.

Pre/Post Natal Massage (60-min S\$181.90)

Relieves pre and post pregnancy discomforts.

Power Boosters (add on to body massage)

Muscle Blading Therapy (15-min S\$85.60)

TCM Cupping (15-min S\$85.60)

Bian Stone GuaSha (15-min S\$85.60)

Aveda Composition Oil (S\$37.45)

Ginger Body Ampoule (S\$72.76)

Infra Ray Energy Therapy (15-min S\$85.60)

Catabolic Tummy Therapy (15-min S\$85.60)

Lifesource Luxury Blends (S\$72.76)

Seaweed/Pearl White Body Polish (15-min S\$64.20) **only @ Centrepoint*

Best Anti-Ache
Massage (Classic
Massage)
Harper's Bazaar
Spa Awards 2016

Best Firming Massage
(Collagen Massage)
The Singapore
Women's Weekly Spa
Spa Awards 2016

Best Firming Massage
Harper's Bazaar
Spa Awards 2017

Weight Management

Proionic Slimming Treatment (30-min S\$428)

Indiba patented Radio Frequency rebalances ionic exchange to recover cells' natural function. Restores microcirculation to liquefy fats which naturally leaves the body through the lymphatic system. Eliminates stubborn fatty tissues and improves skin elasticity.

TCM Slimming Therapy (30-min S\$192.60)

Reach deeper layers through mechanical Flushing to unblock meridian channels, clear toxins and remove body dampness that causes water retention and cellulite.

TCM Tummy Trim (45-min S\$235.40)

Fires up your metabolism for fast, natural, and long-lasting slimming. Cupping stimulates acupoints and provides the circulatory system with energy to metabolize fats.

3D Lipo Cryolipolysis (30-min S\$481.50)

Freezes and dissolves 20-40% of fat cells over several weeks.

3D Lipo Ultrasound Cavitation (30-min S\$481.50)

Ultrasound energy spot targets cellulite and deep fat removal.

3D Lipo Tripolar RF (30-min S\$374.50)

Latest generation multi polar RF melts fats and tightens skin.

3D Vacuum Dermology (30-min S\$374.50)

Vacuum skin rolling targeting cellulite reduction.

Radio Frequency (30-min S\$149.80)

RF technology stimulates lymphatic drainage, tightens collagen fibres & breaks down cellulite.

Contour Wrap & Go (15-min S\$85.60)

Sculpts body and focuses on problem areas.

Best Anti-Cellulite
Treatment (3D Lipo
Med Slimming)
The Singapore
Women's Weekly
Spa Awards 2015

Remedial Therapy

Myofascial Head/Neck Therapy (30-min S\$149.80)

Uses 'gua-sha' and 'bojin' techniques to release tightened fascia in the scalp and neck area to lessen tension and headache.

Meridian Flush Therapy (30-min S\$149.80)

Advanced manual therapy that focuses on neck, shoulder, back, and legs. Treats pain, sluggishness, feeling of heaviness through the whole body.

Elements Ginseng Meridian Therapy (60-min S\$374.50)

Using the bo-jin technique to reach deep layers of muscles.

Focuses on meridian channels to release tightness and activate healing. Ginseng compliments by improving energy and relaxation.

Hyperwave™ Bioelectric Therapy (30-min S\$160.50)

Certified Hyperwave™ therapists use hands to deliver Bioelectricity into your body. Improves nerve function and energizes cells to improve its function. A healthy nervous system and optimum cell function gives you good health and wellbeing.

Indiba Pain Management (30-min S\$428)

INDIBA is effective in treating injuries and wounds that do not respond to other treatments. INDIBA therapy i) brings down inflammation ii) stimulates the formation of new blood vessels iii) stimulates the production of collagen to improve the elasticity of damaged tissues. The combination of advanced technology and skilled human touch is the key to this effective and pleasant pain management treatment.

Female Care

Indiba Wombcare (30-min S\$428)

INDIBA increases circulation and cell recovery in the womb area to maintain balance. It also firms up the tummy area and reduces fat,

Indiba Bustcare (30-min S\$428)

INDIBA increases circulation and lymphatic drainage to flush out cellular toxins. It also firms the bust area by increasing collagen production.

TCM Meridian Bust Massage (45-min S\$209.72)

Massage to clear meridians at bust area to stimulate tissues for elasticity and firming. Improves circulation and natural flow of hormones.

MLD Bust Therapy (60-min S\$374.50)

Bust massage with GuaSha for lymphatic drainage to aid detoxification and natural flow of hormones. Bust Uplifting Cream and Mask help firm, lift and create a shapely contour.

Private Spa Facilities

Koyamaki Onsen Therapy **only @ Centrepoint*

(40-min 1pax S\$104.86 / 2pax S\$158.36)

Private onsen rooms with handcrafted Koyamaki tubs. Koyamaki wood is legendary and traditionally used by Japanese royalty. Energized ion water heals and rejuvenates.

Therapeutic Jacuzzi Pool **only @ 313 Somerset*

(40-min S\$94.16 per couple / S\$64.20 per couple with treatment)

Choose from Dead Sea Mineral Salt, Luxurious 'Cleopatra' Milk bath or Red Wine Therapy.

Chiropractic

Treatment done by experienced doctor

Initial Consultation (S\$64.20)

Chiropractic Treatment (S\$160.50)

Report of Findings (S\$64.20)

X-rays of full spine (TBA)

Best Deep Tissue
Massage
The Singapore
Women's Weekly
Spa Awards 2019

Best Couple Spa
DailyVanity Spa &
Hair Awards 2019

Best Me-Time Day
Spa (Head-to-Toe
Spa Ritual)
The Singapore
Women's Weekly
Spa Awards 2019

ELEMENTS WELLNESS



ION Orchard

2 Orchard Turn #B1-30
Call 6738 3788 or WhatsApp 9614 7710
Email: ion@elements.com.sg

The Centrepoint

176 Orchard Road #02-28
Call 6737 8488 or WhatsApp 9357 8183
Email: cpoint@elements.com.sg

313@somerset

313 Orchard Road #B2-50/51
Call 6636 8878 or WhatsApp 8506 8776
Email: 313@elements.com.sg

Opening Hours

Mon to Fri : 11am – 9pm
Weekends and PH : 1030am – 8pm

Web

elements.com.sg
📍 ElementsWellness.SG 🌐 elementswellnessgroup